

Workshop Schedule

November

2018

Important Dates

Nov 2	Internet and Email for Job Search
Nov 5	Job Club - *12 - 4pm Managing Anxiety
Nov 9	BMC / MSEOAW
Nov 16	Information Session
Nov 19	Job Club - *12 - 4pm Work-Life Balance
Nov 23	Job Search techniques
Nov 26	Myers Briggs
Nov 30	Introduction to Microsoft Excel

Notes

Learn techniques to maximise your chances of getting
Mental Health Guest Speaker
Business Model Canvas / Self-Employment Program
Information on services offered at Community Futures
How to create more of it in your life
Different ways to find employment
How your personality impacts work and life
Introduction to your new favourite program

Canada



WorkBC
Employment Services Centre



The Employment Program of BC is funded by the Government of Canada and the Province of BC.

* All Workshops in Grand Forks Location from 9:30am-12pm unless otherwise noted