

Workshop Schedule

November / December

2018

Important Dates

Nov 9	BMC / MSEOAW
Nov 16	Information Session
Nov 19	Job Club - *12 - 4pm Work-Life Balance
Nov 23	Job Search techniques
Nov 30	Introduction to Microsoft Excel
Dec 3	Job Club - *12 - 4pm Improving Mindfulness
Dec 4	Digital Citizenship / Netiquette
Dec 6	BMC / MSEOAW 1pm - 4:30pm
Dec 10	Job Club - *12 - 4pm Increasing Happiness

Notes

Business Model Canvas / Self-Employment Program
Information on services offered at Community Futures
How to create more of it in your life
Different ways to find employment
Introduction to your new favourite program
How to live in the present
Learn about your Digital Footprint and online etiquette
Business Model Canvas / Self-Employment Program
The power of positive thinking



* All Workshops in Grand Forks Location from 9:30am-12pm unless otherwise noted