

Workshop Schedule

Jan-19

2019

Important Dates GREENWOOD

- 03/01/2019 (9:30-12) Goal Setting/Vision Boards
- 10/01/2019 (9:30-12) The Hidden Job Market
- 24/01/2019 (9:30-12) Managing Anxiety
- 31/01/2019 (9:30-12) Transferrable Skills

Notes

- Visualize, set personal goals & make a vision board!
- How to find the jobs that *aren't* advertised!
- Discover and try some hands on anxiety management!
- What your "transferrable skills" are & how to use them



The Employment Program of BC is funded by the Government of Canada and the Province of BC.

